



POLITE ENGLISH FREE ON-LINE COURSE

Lesson 6:

Expressing your gratitude in English.

version without a key

WARM UP



THINK



"Feeling gratitude and not expressing it is like wrapping a present and not giving it."

William Arthur Ward

→ Do you agree with the quote?

→ Find out more about the author of the quote:

http://en.wikipedia.org/wiki/William_Arthur_Ward



Expand your vocabulary!

- **gratitude** (noun) - the feeling or quality of being grateful
- **gratuity** (noun) - an amount of money given as a reward for a service
- **grateful** (adjective) - showing or expressing thanks, especially to another person
- **ungrateful** (adjective) - not showing or expressing any thanks
- **gratuitous** (adjective) - not necessary, or with no cause
- **grateful** (adjective) - showing or expressing thanks, especially to another person
 - Synonyms: **appreciation**, **thankfulness**
 - Antonyms: **ingratitude**

REMEMBER!

To be grateful **to** someone **for** something.



SPEAKING

Express your gratitude using the phrase “I’m grateful to ... for ...”.

- *your colleague has helped you to finish your important project on time*

I am grateful ...

- *your friend has helped you to sort out a difficult family issue*

I am really ...

- *your mother has helped you with your children when you had to work*

I am really ...



Podcast

LISTENING AND WATCHING

Watch the video and answer the questions below:

<https://www.youtube.com/watch?v=vUOpxQB48aA>

1. What is the first story that Ahalya tells?

2. How did the story end?

3. Why does Ahalya mention a cashier at a fast food joint?

4. What is the second thing that you can do to express your gratitude?

5. What is the third idea of Ahalya to express your gratitude?

6. What other ideas does Ahalya mention?

7. What is Ahalya grateful for at the moment?



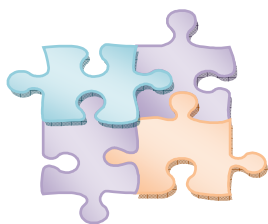
USEFUL PHRASES FOR DENYING AND REFUSING

Order the phrases into the proper columns.

That's very kind of you.	Thanks for your kind words.
How kind you are to help me.	You are so helpful.
I do appreciate it.	Thank you for taking the trouble to help me.
Thank you for your consideration.	Thank you for spending time with me.
I am very grateful that you are considering my problem.	

Basic phrases	Written and formal phrases	Very polite and formal
Thank you.	Many thanks for your email.	
Thanks.	I was so pleased to hear from you.	
Thanks a lot.	I greatly appreciate your kind words.	
Thank you very much.		
Thank you so much.		
		Many thanks for your assistance in our project.

Source: <http://www.myenglishteacher.eu/blog/how-to-say-thank-you-26-thank-you-sayings/>



MORE PHRASES FOR DENYING AND REFUSING POLITELY

<i>Thank you, I really appreciate your help.</i>	<i>I cannot thank you enough for helping me.</i>
<i>I appreciate!</i>	<i>I am all gratitude.</i>
<i>Cheers!</i>	<i>Thanks a million.</i>
<i>Thanks a ton.</i>	<i>Thank you from the bottom of my heart.</i>
<i>Please accept my best thanks.</i>	<i>Words can't describe how thankful I am.</i>
<i>I thank you most warmly.</i>	<i>Thank you for your thoughtfulness</i>
<i>My gratitude to you for all you have done</i>	<i>I truly appreciate you.</i>
<i>I will never forget what you've done for me.</i>	<i>I am really grateful to you for this.</i>
<i>All I can say is Thank you!</i>	<i>I'll be forever grateful.</i>
<i>I cannot express my appreciation.</i>	<i>Your generosity overwhelms me.</i>



READING

Find out more phrases for saying **THANK YOU!**

<http://www.thank-you-note-examples-and-tips.com/thank-you-phrases.html>



SPEAKING

Practice the thank you expressions and expressing your gratitude by using the phrases from the videos and exercises above, in the following situations.

Your colleague has helped you in a difficult situation at your work.

Your boss has appreciated your effort and has given you a pay rise.

Your sister stayed with your children while you were at your friend's party.

A stranger in a street helped you with your baggage.

Someone helped you to carry a big box to your car.



PAIR WORK

Work with your friend/colleague and practice the phrases in situations above.
Try to keep the conversation going for a bit longer. Improvise.